Designed by ~ Robin Shakoor

Graphic 45® Supplies:
1 ea Life’s a Journey 12 x 12 Patterns & Solids (4501947)
1 ea Life’s a Journey Stickers (4501949)
1 pk Life’s a Journey Ephemera Cards (4501950)
1 pk Graphic 45 Black Chipboard Sheets (4501808)
1 pk Graphic 45 Clock Keys (4501293 or 1294)

Additional Supplies: (*not included)
1 each Premium Double-Sided ½” Adhesive (67089)
36” Ivory Satin 1”-Ribbon *
64” Ivory Twine *
3 sheets 12 x 12 Black Cardstock *

Tools, Adhesives & Ink:
Paper trimmer, detail scissors, scallop-edge scissors, ruler, scoring board/tool, bone folder, sanding block/paper, hole punch, corner rounder, double-sided tape, quick dry liquid adhesive, dimensional foam adhesive

Notes:
• All measurements are width x height unless specified.

Directions:
• Step One - Folio Base
Cut (3) 6” x 10” pieces and (2) 1” x 10” strips from black chipboard. Add adhesive to one side of each piece.

Attach (2) 12” x 12” black transportation sheets together. Place one on top of the other ¼” from the edge. If using ¼” wide adhesive you can use it as a guide. This will then make one 23¾” wide x 12” sheet.

Turn the sheets over, making sure that they are facing the right direction so that they are not upside down, and score 1” on three sides. Note: the entire piece may not fit in...
your scoring tool so you will have to rotate your paper. You can do this by measuring 1” from the left, top and bottom sides. The left side is most important as you will have extra on the right side. Again, make sure the papers are facing the right direction so that they are not upside down before you continue.

The pieces should be placed left to right as follows, leaving \( \frac{1}{8} \)” between each piece: 6 x 10, 1 x 10, 6 x 10, 1 x 10, 6 x 10. You will have extra paper on the right side after adhering all of the pieces. Draw a vertical line 1” from the edge of the 6” x 10” piece on the right, then trim. This will then create a 1” border around all of the chipboard pieces.

Starting at the left score line, and between the top and bottom score lines, adhere the chipboard pieces on top of the paper.

Note: For the corners, adhere one side then gently tuck in the extra \( \frac{1}{8} \)”, then adhere the remaining sides.

Cut a diagonal \( \frac{1}{6} \)” from each outer corner as shown.

Cut two 3” x 9½” vertical strips from black cardstock. Add double sided tape as shown to the outer corners of the back of the cardstock. Lightly score the strips vertically at \( \frac{7}{8} \)” and 2”.

Follow the natural fold of the folio covers, adhere strips and begin to fold in the covers gently to set the crease.

• Step Two - Inside Folio:

Left Side:
Cut (1) 5⅞” x 9½” piece of the B-side of red typography paper. Add the red piece to the left cover lining it up with the black cardstock that cover the spines.
Life's a Journey – Wrap Folio

Cut (1) 6" x 4" piece from black cardstock, score at ¼" from the left and right edges and bottom of piece. Cut out the small squares formed by the score lines as shown.

Fold the three scored flaps in and apply adhesive as shown.

Adhere ¼" from the bottom of the red mat.

Cut a 5¼" x 3½" mat from blue bicycle paper, adhere to the center of the pocket. Add the black and yellow floral border sticker from the sticker sheet to the top of the blue mat. Using the sticker sheet take the two blue banners, one red banner, “Sail Away” circle sticker and the “Life is a Journey” sticker and mount to black cardstock. Trim the “Sail Away” sticker with scallop edge scissors and trim the others so that they have a thin border. Place the “Life is a Journey” sticker in the center of the pocket. Place the three banners in the upper left corner of the cover in a draping fashion as shown and place the circle sticker just about the banners in the top left corner.

Cut (1) 6¼" x 8½" vertical piece from black cardstock, score horizontally in the center to form a card. Round corners. Cut (1) 6" x 4" mat from the B-side of blue floral paper, round corners and adhere to the inside of the card base.

• Step Three – Inside Folio: Right Side

Cut (1) 8¼" x 9½" piece from red bicycle paper, score at 5¾" and fold inward to create a vertical side pocket. Apply ⅛" double sided tape to the top and bottom edges and adhere. Add the “Take the Time” black and yellow border from the sticker sheet and apply to the edge of the pocket as shown. Adhere the pocket lining it up with the black cardstock that covers the spines.

Apply tape to the back side of the “All of the Paths...” ephemera as shown. Note: Be sure not to take the adhesive too far past the center as only half of the card will be adhered to the center of the pocket.
Adhere ephemera as shown. Add stickers shown to black cardstock. Trim the plane sticker using scallop edge scissors, add to the top right corner of the ephemera card. Add 8” of ivory twine around a large clock key and adhere using strong quick dry liquid adhesive. Hold in place while glue bonds the key to paper. Add ephemera cards of your choice to the pocket.

Step Four – Inside Folio: Center
Cut (1) 6⅜” x 9⅝” piece from blue floral paper. Add to the center, lining it up with the black cardstock that covers the spines. Cut (2) ¾” x 9¼” vertical strips from black typography paper, adhere to the center of the spines, lining up with the cardstock on the spines.

Waterfall
Cut a 4¼” x 11” vertical strip of black cardstock to form the base for the waterfall. Cut (5) 4¼” x 4” pieces from black cardstock. Create horizontal score line a ½” from the top across the 4¼” edge of each piece, add adhesive to the top ¼” flap.

Adhere the first piece to the top of the base. Add the second piece right below the ½” fold of the first piece, repeat for the remaining pieces.

Once all pieces have been added, trim the bottom of the base so that it ends ¼” from the bottom of the last waterfall piece. Round the bottom corners of all flaps and the base.

Cut (6) 4¼” x 3⅛” pieces, (8) red typography, (8) purple transportation and (2) blue bicycle papers, round the bottom corners and adhere to the front of each flap in the order shown. Add the “Spokes Woman” ephemera card to the front. Tie 28” of ivory twine vertically, adhere to the top of the center cover ¼” from the top of the blue floral mat. (See bottom image for placement.)

Gate Fold Card
Cut (1) 2½” x 11” strip from black cardstock, fold in the center, open the strip and fold the edges into the center where the score line appears. Cut (1) 5¼” x 2¼” strip from black typography paper, adhere to the center of the card. Cut (4) 2⅛” x 2½” mats from red type paper. Adhere mats to the inside and outside flaps. Tie 20” of ivory twine around the center and adhere to the cover ¼” from the bottom of the blue floral mat.
• Step 5 - Outside Cover

Place the folio face down. Place 36" of 1" ivory satin ribbon across the folio to determine placement.

The ribbon will be adhered to the center, right and both spines only. Do NOT adhere to the left panel.

Cut (3) 5¾" x 9½" pieces, (2) from purple floral and (1) from red bicycle paper. Cut (2) ¾" x 9½" vertical strips from black typography paper.

Find the 4" x 6" ephemera card with the image of the woman on a bicycle on the B-side, trim the design as shown and adhere to the lower right side of the purple floral mat.

Select the blue banner sticker from the sticker sheet, adhere just above the ephemera card. Select the purple and orange “Go on an Adventure” circle stickers from the sticker sheet. Mount on black cardstock and trim using scallop edge scissors. Place at the top of the banner as shown.

Add 8” of ivory twine around a small clock key and adhere above the stickers using dimensional foam adhesive. Fold the folio together and tie the ribbon ends into a bow to keep it closed and you are all finished with your Life’s a Journey Wrap Folio!

• Front Cover

Cut (1) 5¼" x 9" mat from red typography paper, adhere to center of purple floral mat. Adhere the “Life is a Journey...” ephemera card to the center of the red typography mat.

Cut a 4¼" x 6¼" mat from black cardstock, round corners. Adhere the “Get Lost Together” ephemera card to the center of the mat. Adhere the card to the center of the red bicycle cover mat. Adhere the red bicycle mat to the left cover, beneath the ribbon as shown. Adhere the two strips to the spines and the two purple floral mats to the center and right (cover) panel.

Life’s a Journey — Wrap Folio
Directions:

- **Step One - Tag Base**
  Cut (3) 4" x 8" pieces from black chipboard. Make diagonal cuts to the top corners to form a tag shape. Note: Keep the cut pieces to use as a template for the remaining tags so the diagonal cuts are uniform. Punch two holes about 1¼ apart and ½ from the top.

- **Step Two - Tag 1**
  You will be using the following for this tag:

Cut one 1½" x 6½" vertical strip from the B-side of red bicycle paper, cut a 1" v notch at the bottom to form a banner shape. Add to the upper left side of the black typography mat. Add the “Life is a Journey” 3 x 4 ephemera card to the center of the black typography mat. Mount the purple “On the Go” sticker from the sticker sheet to black cardstock, trim leaving a thin border and add just below the ephemera card to the right using dimensional foam adhesive.

Cut 18" of ivory ribbon to the top of the tag and tie a bow. Mount purple flower from the sticker sheet to black cardstock, trim leaving a thin border. Using the large key, check for spacing as the flower should show through the center of the top of the key, then add the flower to the upper left corner of the ephemera card. Using 8" of ivory twine tie a bow around the top section of the key and mount to the ephemera card as shown using strong liquid adhesive.

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**Additional Supplies:** (*not included)
- 1 each Premium Double-Sided ½” Adhesive (67089)
- 64” Ivory Satin 1”-Ribbon*
- 24” Ivory Twine* - cut into three 8” pieces
- 1 sheet 12 x 12 Black Cardstock*

**Tools, Adhesives & Ink:**
- Paper trimmer, scissors, ruler, scoring board/tool, bone folder, sanding block/paper, hole punch, double-sided tape, quick dry liquid adhesive, dimensional foam adhesive

**Notes:**
- Measurements are width x height unless specified.
- Ink paper edges before adhering if desired.
- Metal keys should be added as the last step for each tag.

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**Step Three - Tag 2**

You will be using the following for tag 2:

Cut one 1 1/2" x 6 1/2" vertical strip from the B-side of purple floral paper, cut a 1" “v” notch at the bottom to form a banner shape. Add to the upper left side of the black typography mat. Cut a 3 1/4" x 4 1/4" mat from black cardstock and add the “Get Lost Find Yourself” 3 x 4 ephemera card to the center. Add the matted ephemera card to the center of the black typography mat. Mount the black “On the Go” sticker from the sticker sheet to black cardstock, trim leaving a thin border and add just below the ephemera card to the right using dimensional foam adhesive.

Add 18” of ivory ribbon to the top of the tag and tie a bow. Using 8” of ivory twine tie a bow around the top section of the key with the solid top and mount to the ephemera card as shown using dimensional foam adhesive. Note: you may need to trim the adhesive to fit some of the areas of the key.

**Step Four - Tag 3**

You will be using the following for tag 3:

Cut one 1 1/2" x 6 1/2" vertical strip from the B-side of blue floral paper, cut a 1" “v” notch at the bottom to form a banner shape. Add to the upper left side of the black typography mat. Cut a 3 1/4" x 4 1/4" mat from black cardstock and add the “Get Lost Find Adventure” 3 x 4 ephemera card to the center. Add the matted ephemera card to the center of the black typography mat. Mount the blue arrow shaped “Take the Time” sticker from the sticker sheet to black cardstock, trim leaving a thin border and add just below the ephemera card to the right using dimensional foam adhesive.

Add 18” of ivory ribbon to the top of the tag and tie a bow. Using 8” of ivory twine tie a bow around the top section of the key with the open center and mount to the ephemera card as shown using dimensional foam adhesive.