What advice would I give to my younger self?

What do I need more of in my life?

What I am grateful for?

What is going right in my life?

List my small victories and successes.

What are my strengths?
What am I really good at?

If I had all the time in the world, what would I do?

What excites me and makes me come alive?

What/who inspires me and why am I drawn to those inspirations?

What is something I would love to learn?